

CLOSED DATES 2025

New Years Day - Wednesday 1st January

Australia Day - Sun/Mon 26/27 January

Trainer Appreciation day
(un-official) - Monday 17 February

Adelaide Cup Day - Monday 10 March

Good Friday - Friday 18 April

Easter Saturday - Saturday 19 April

Easter Sunday (un-official) - Sunday 20 April

Easter Monday - Monday 21 April

Anzac Day - Friday 25 April

Kings Birthday - Monday 9 June

Trainer Appreciation day
(un-official) - Monday 22 September

Labour Day - Monday 6 October

TTF
KICK PUNCH LIFT



CLOSED DATES 2026

New Years Day - Thursday 1st January

Australia Day - Monday 26 January

Trainer Appreciation day
(un-official) - Saturday 14 February

Adelaide Cup Day - Monday 9th March

Good Friday - 3rd April

Easter Saturday - 4th April

Easter Sunday - 5th April

Easter Monday - 6th April

Anzac Day - Saturday 25 April

Kings Birthday - Monday 8th June

Trainer Appreciation day
(un-official) - Monday 21st September

Labour Day - Monday 5th October

Official South Australian Public Holidays. www.safework.sa.gov.au
Personal Trainings may continue on closed dates. Speak to your Trainer.

HOLIDAY SPECIAL CLASSES

TTF & Trainers take a 2 week break over the Christmas & New Years period running "Holiday Special Classes" on a reduced timetable. Classes must be booked via the app & will be cancelled if minimum attendance is not reached. Refer to the app for dates/times & details. The gym may be closed outside of class times, please contact us in the month of December to get exact hours for this 2 week period!

